**OPTION #1: Self-Portrait**

Take a selfie. Print the photo so it takes up the entire printed page. Black and white, no color. This will count as your sketch.

Use a meaningful word or words for the background of the painting.

The words should marry well with the person in the portrait=YOU!

WORD SOURCES:

* ONE WORD THAT DESCRIBES THE PERSON
* POETRY YOU/THEY WRITE OR ENJOY
* LYRICS YOU/THEY WRITE OR ENJOY
* PROSE YOU/THEY WRITE OR ENJOY
* SAYINGS YOU/THEY USE
* QUOTES YOU/THEY CONNECT WITH
* COLLOQUIALISMS YOU/THEY USE
* ETC…

**OPTION #2: Heroes in Our Community**

Interview and take a picture of a Hero in Our Community. A hero is a person who goes above and beyond, who volunteers their time and energy outside of what is considered the norm, who has made a positive impact on our community (Greater Lansing Area).

Print the photo so it takes up the entire printed page. Black and white, no color.

**Hero Interview Questions:**

1. What is your name? What is your contact information so I can follow up with you?
2. What do/did you do that has/had a positive impact on our community?
3. How long have you been doing this activity? How often?
4. Why did you start? Who/What inspired you?
5. What is the benefit for our community? Do you benefit as well?

\*NOW USE THE INFORMATION YOU GATHERED FROM THE INTERVIEW TO FIGURE OUT WHAT WORDS TO USE IN YOUR BACKGROUND.